To The Kings Taste: Richard IIs Book Of Feasts And Recipes Adapted For Modern Cooking

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Most of our information comes from several surviving cookery books and herbals. To the King's Taste: Richard II's Book of Feasts and Recipes Adapted for Modern Cooking. Soy cakes "patties" of mashed cooked soybeans, rice, vegetables and eggs. To the King's taste: Richard II's book of feasts and recipes adapted for modern cooking.