Cooking, Cuisine, and Class: A Study in Comparative Sociology

Jack Goody


Goody argues that cooking practices are not simply a matter of nutritional necessity, but are integral to the social and cultural fabric of human societies. He examines the ways in which cooking and cuisine are used to reinforce social hierarchies and to distinguish between different classes and cultures. Goody also considers the impact of industrial food production on traditional cooking practices and the ways in which this has affected the social and cultural significance of food in contemporary society.

In this book, Goody brings together a wide range of anthropological and sociological perspectives to provide a comprehensive analysis of cooking and cuisine. He draws on examples from a variety of cultures and time periods, and his analysis is informed by a deep understanding of the role of food in human societies.

Overall, Goody's book is a seminal work in the field of anthropology, and it remains an important resource for anyone interested in the social and cultural significance of food and cooking in human societies.